



Horseheads Central School District

Golden Star Gazette

June 2019

Gardner Road Elementary School

541 Gardner Road, Horseheads, New York 14845 (607) 739 – 6347

ppatterson@horseheadsdistrict.com



Dear Gardner Road Families –

It is hard to believe we are already in our last month of the school year. Thank you to our entire Gardner Road team, our amazing parents and community partners for making this an amazing year for our students to ensure their current learning and future success! I am proud and honored to work in such a great community.

We hope that you and your family can join us for our Book Bingo/Math and Movement event on Thursday, June 6 at 6:00. All students will go home with a free book and math card/dice games. There are also door prize raffles for our students with some popsicles and water afterwards. The entire event is free.

Near the end of June, grades PK, K & 4th grade each have a celebration. We do request that your child's siblings in other grades do not attend these events as they are doing end of the year activities with their class.

If you are looking for some activities over the summer to engage in, be on the lookout for the summer reading challenge that Mrs. Herforth is coordinating with the Horseheads library. Check out the Varsity 'H' Summer Camps <http://www.horseheadsdistrict.com/summercamps.cfm> See page 2 of the newsletter for information on the Summer of Innovation camps in the area. Check out the following website for some math activities: <https://www.fretech4teachers.com/2019/05/5-places-to-find-summer-math-activities.html>.

If you and your family needs anything in June and through the summer, please do not hesitate to contact me. To keep up to date with all of the happenings at our school, follow our [Facebook](#) and [Twitter](#) pages.

Your Partner in Education,

Patrick Patterson - Principal



Inside the Gazette:

Page 2:

Main Office Updates

Page 3:

May Snapshots

Ways to Prevent Summer Slide

Page 4:

Character Corner, Conflict vs, Bullying, & School Mission & Vision

Included in the Online Newsletter:

*Lunch Menu

*June Calendar

*Report to Parents: Exercise Kids Minds during the Summer

*Digital Citizenship News

*NYS Libraries Summer Reading



PULL TOGETHER.



GENERAL INFORMATION:

Gardner Road School Hours

8:00 a.m. to 2:25 p.m.

Tardy Bell – 8:15 AM

Gardner Road Office Hours

7:30 a.m. to 3:30 p.m.

Elementary Lunches (K-6)

Breakfast: \$ 1.25 Lunch \$ 2.10

Moishe's Quote of the Month:

How lucky am I to have something that makes saying goodbye so hard." A.A. Milne

Gardner Road Main Office Updates:



Summer of Innovation – Summer of 2019:

Several organizations from across the Southern Tier have united to offer unique learning opportunities for children and young adults during the summer months. These organizations have a common goal of extending the traditional school year into the summer. Offerings have another purpose as well - to provide students with STEM (Science, Technology, Engineering and Mathematics) skills that are essential to their success in the future. Check out the details at <https://www.gstboces.org/summerofinnovation/index.cfm>

Lost and Found:

Our lost and found bin is full to the brim. Are you missing your child's lunch pal, clothes, toys or more? Check out the lost and found tables during May and June events at school. Also feel free to look through the bin which is located as you enter the building.

Spring Clothing Reminder:

Short shorts, spaghetti straps and crop tops are not permitted for school attire. If your child chooses to wear sandals, they need to have straps on the ankle and he/she must be responsible for bringing sneakers for playground/gym. **Flip-flops are not appropriate for school.** Thanks for helping us keep kids safe!

Are you Moving?

If you are moving to a new school next year, please notify the office as soon as possible and talk to our attendance clerk, Mrs. Wright. Please contact your child's new school so that they can request records from us. This will help us make accurate class lists for next school year. Thank you!

Update from Mrs. Hinman:

The end of the school year is quickly approaching! New York State regulations require all medication left at school at the end of the school year be discarded. This includes inhalers and Epi-pens. Unless your child has current permission to self-carry their medication, the school is not able to allow your child to bring the medication home themselves. If you need to make special arrangements to pick up medication, please call to make arrangements. **Medications not picked up, will be disposed of Monday, June 24th @ 11:30 am.**

Character Education Summer of 2019!

Character education learning is a year round learning event for our students in Horseheads. Below are tips for the summer months. Be on the lookout for our character education connections in our community.

Fairness-July

- Discuss why games have rules
- Talk about taking turns while choosing things to do on vacation
- Discuss with your child why fair is not always equal
- Show good sportsmanship

Trustworthiness -August

- Have a family game night
- Model honesty in your everyday life
- Point out characters in books, movies, TV shows who display trustworthiness and why
- Focus on the "fun" of something instead of winning
- Honesty starts at home



Thanks to the Gardner Road PTO for hosting events throughout the school year. The Spring Fling was a great event and we look forward to the Mud Run in June! Check out the [Facebook page](#) for more details.

BEST ways to PREVENT SUMMER LEARNING SLIDE

Have your child read at least
20 MINUTES PER DAY



Students who read
20 minutes
a day score
in the
90th
percentile

Students who read
5 minutes
a day score
only in the
50th
percentile

* Anne E. Cunningham and Keith E. Stanovich, What Reading Does for the Mind. The American Federation of Teachers, American Educator, Vol. 22, No. 1-2, pp. 8-15.

Visit the Library.

Find reasons for your
child to **practice**
writing skills.

Write..!
a book, a blog, a zine, a poem

Engage in meaningful
conversations with
your child.

Stimulating
conversations boost
language skills.

Quick Conversation Tips:
1. Ask questions.
2. Be positive.
3. Give your full attention.
4. Be encouraging.

Audio Books

Instead of listening
to the **radio**, listen
to **audio books**
during **long drives**.

Model Reading Behavior
If your child sees
you reading,
they will want
to read as well.

Read to your child

This builds
listening skills,
imagination, and
increases vocabulary

Learn a new word each week.

Post the new word with its
definition and have a contest
for who can use it the most
times in one week.

Reciprocity

Fail Accomplish

Equanimity

Plethora

Erudition

Panacea

COOK
with your child



Have your child follow a recipe.
This enhances both reading and math skills.

Big Universe

May Snapshots:



*Check out more photos, videos, artwork and events on our
Facebook and Twitter pages!*



"We Succeed Because The Stars Lead!"

June's character trait is:

Character Education

Caring

- Think about how your actions will affect others
- Be sensitive to people's feelings
- Help people in need
Treat people with kindness and generosity
- Do not be mean or hurtful



Character Matters
Horseheads Central School District

Horseheads Central School District's Mission & Vision:



Horseheads Central School District sets the standard of educational excellence by fostering innovative thinking, curiosity, and a passion for learning to maximize the potential of each individual. We engage with our local and global communities to provide a student-centered, nurturing environment.

EXPLORE

EMPOWER

EXCEL

JOB OPPORTUNITIES:



Horseheads Central School District

The Horseheads Central School District is looking for interested individuals for several job positions: cleaner, bus driver, and food service worker, as well as substitute clerical, registered nurse, cleaner, and food service worker. We seek candidates who are 18 or older, and we welcome retired community members to inquire as well. To apply, complete our district application and submit it to Human Resources in the South Wing of the High School. The application can be found on the district website

(<http://www.horseheadsdistrict.com/uploadeddocs/Application.pdf>) or picked up at our Human Resources Office, south wing of Horseheads High School. Questions? Email us at hcsdinfo@horseheadsdistrict.com.

Be Your Own Hero!



**To report child abuse
or neglect call toll
free**

**1-800-342-3720 or
ocfs.ny.gov/main/cps**








The Horseheads Central School District offers educational programs without regard to race, color, national origin, creed, religion, marital status, military status, sex, sexual orientation, age, gender identity, predisposing genetic characteristic, or disability, and provides equal access to applicable groups under the Boy Scouts of America Equal Access Act. Inquiries regarding this policy may be made to Caitlin DeFilippo, Title IX/DASA Coordinator, and Co-Civil Rights Compliance Officer; Anthony Gill, Co-Civil Rights Compliance Officer; or Kelly Squires, Section 504 Coordinator, Horseheads Central School District, One Raider Lane, Horseheads, NY 14845, (607) 739-5601.

The Dignity Act Coordinator (DAC) for the Horseheads Central School District is Caitlin DeFilippo, director of Human Resources. If there is a complaint regarding discrimination, harassment or bullying of any student, the complaint should be filed with Caitlin DeFilippo at One Raider Lane, Horseheads, NY 14845; 607-739-5601, x4211, or cdefilippo@horseheadsdistrict.com. The Dignity Act Coordinator (DAC) for Gardner Road Elementary is Patrick Patterson. Complaints regarding discrimination, harassment, or bullying of any student should be referred to Patrick Patterson at (607) 739 – 6347.



Gardner Road Elementary School

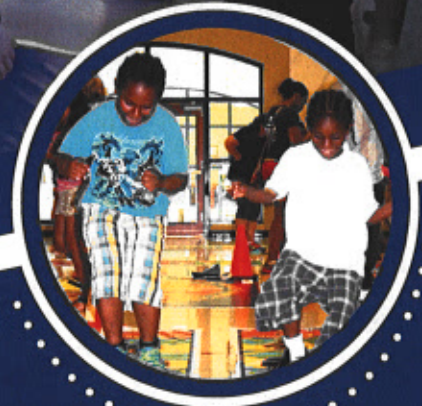
Monday	Tuesday	Wednesday	Thursday	Friday
3 Day 2 NYS Science Written Exam 4th Grade	4 Day 3	5 Day 4 String Awards 6:00 HS	6 Day 5	7 Day 6 Wear Raider Blue
10 Day 1 	11 Day 2 PK to Big Flats Community Park	12 Day 3	13 Day 4 K to Tanglewood	14 Day 5 K Celebration 9:00 
17 Day 6 Jared Campbell Concert 	18 Day 1 3rd -Instrument Recruitment Senior Graduation Walk 1:30	19 Day 2 4th Grade Celebration PK Celebration 9:30 Café	20 Day 3 End of MP 4  BOE Meeting 6:00 HS Aud	21 No School
24 Half Day - Day 5 PK Dismiss at 10:45 Dismiss at 11:15	25 Half Day - Day 6 Last Day of School Report Cards Home PK Dismiss at 10:45 Dismiss at 11:15 	Character Education Connection—Caring: --Discuss how characters in a book show caring. --Help a neighbor --Discuss with your kids what/who they care about and why --Consider donating your time or items to your favorite charity --Help your child make a card/letter of caring to a friend or relative --Model random acts of kindness		





MATH & MOVEMENT

Family Fun Night



June 6, 2019
6:00 - 7:00
Gym

Gardner Road Elementary is hosting a Math & Movement Family Fun Night. We would love for you to attend!

A Math & Movement Family Fun Night is a high energy math and reading event. Children use fun floor mats and wall charts to learn math and reading concepts through movement. At the Family Fun Night, you will move from station to station with your child while engaging in fun and educational kinesthetic activities.

The Family Fun Night:

- Boosts math and literacy skills.
- Fosters an "I CAN DO MATH!" attitude in students.
- Teaches parents fun ways to tutor children at home.

Special Bonus!

Every participating family will receive two free e-books: *Multiply With Me*, *Learning to Multiply Can Be Fun* - Instructor Guide (e-book) and Student Workbook (e-book)

Students, wear your "crazy socks" for even more fun!!

Visit www.mathandmovement.com for more information!

Report to PARENTS

Exercise Kids' Minds During the Summer

If students laze away the days of summer without using their minds, they can lose up to a month of learning—especially in reading and math. Stem the summer slide and keep your child engaged with these fun, brain-friendly activities.

Devise a plan. Tell your child that reading and learning activities will be an important part of their summer. Assure them that they'll still have lots of time for play.

Teach mini-lessons. Transform everyday activities into learning opportunities. Children can count change, read directions for a trip, write a shopping list, or calculate a recipe's measurements.

Gather activity books. Give children their own activity book with crossword puzzles or number games customized for their specific age group. Set a "due date" to keep them on track, but let them work at their own pace.

Initiate a writing project. Have your child keep a summer journal, write letters to family members or friends, or craft a play to perform with siblings or neighbors. Or, start a family cookbook with your favorite recipes, instructions, and shopping lists.

Strategize screen time. Educational computer games or apps can engage students' minds, but make sure your child is spending enough time away from the screen. Assign a daily block of time for family members to turn off phones, computers, and the TV, and instead play a board game or read together.

Designate daily reading blocks. Set aside at least 15 minutes a day for your entire family to read. (That means parents, too!) Find reading recommendations by grade level on the American Library Association's book lists (see Web Resources). Organize a summer read-a-thon with goals for each family member, or sign your child up for your library's summer book club.

Go global. Set aside several nights during the summer to have an international evening. Together, cook a meal with recipes from a different nation. Learn basic words in that

country's language. Find the country on a map, and together examine a book or article with information on what life is like there.

Sneak learning into family trips. If your family is able to take a vacation during the summer, include stops at zoos, children's museums, or historic sites. Have your child help you plot out the journey using maps and keep a journal along the way. Older children can tally up miles, keep track of expenses, or compute gas mileage.

Get moving. Build physical activity into your child's summer days. Even if he or she can't participate in a local sports league or community-based team,

encourage activities such as jumping rope, playing catch, and taking family walks.

For more resources, look to your child's school and your local library or community center for ideas to keep kids' brains buzzing during the dog days of summer.



Web Resources

The **American Library Association** compiles grade-level book lists.

www.ala.org/alsc/publications-resources/book-lists

The **National Summer Learning Association** offers activities, tools, and links.

www.summerlearning.org/?page=activity_resource



Explore 'A Universe of Stories' with the myON digital library

As part of *Summer Reading at New York Libraries*, the State Education Department and myON®, by Renaissance®, are partnering to bring thousands of enhanced digital books to children from birth through 12th grade and their families all around the state!

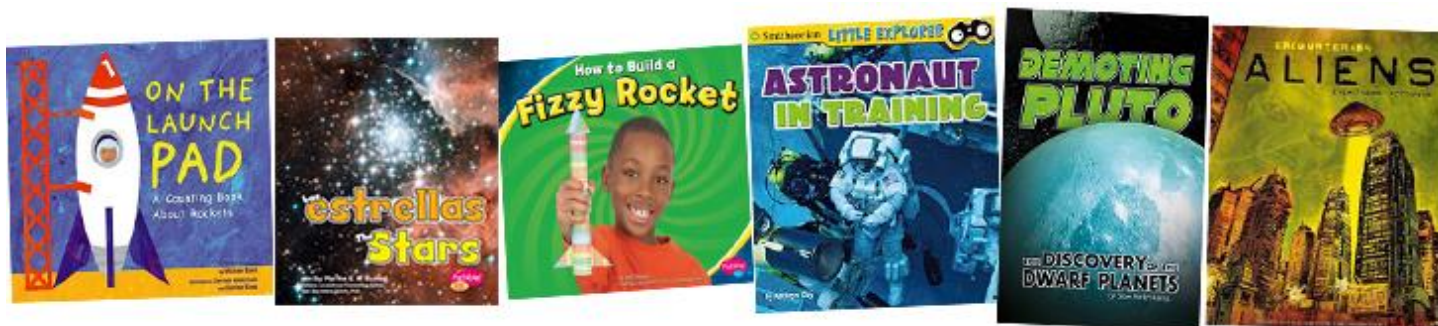
When: May 1 through September 30, 2019

What's available:

- Unlimited, 24/7 access to the Renaissance myON® digital library, which includes **more than 6,000 authentic fiction and nonfiction texts** covering a broad range of themes and topics
- **Flexible supports**—professionally recorded audio, text highlighting, an embedded dictionary, and a zoom feature to support independent reading
- **Resources and tips** to support meaningful summer reading experiences

The myON digital library and its special features can be accessed online from any web-enabled device. Up to 20 books at a time can be downloaded to read offline whenever WiFi isn't available.

Flip for more information



A sampling of space-related texts from the myON digital library

How children and families will log in to read

Access to the myON digital library for this summer reading opportunity will be available through a **special shared account with one statewide login**.

Students who have personalized Renaissance myON® Reader accounts should continue using their own logins to access the myON digital library and continue reading during the summer.

Login information and resources will be shared with schools and libraries with the assistance of New York State's public library systems and school library systems.

CHECK THIS OUT!

Great summer resources at local public libraries

Visiting the local public library can help families find additional resources to inspire their children to read, learn, and explore—books, e-books, audio-books, games, and movies—as well as fun, educational programs and activities.

Encourage children and families to explore “A Universe of Stories” through a variety of learning experiences this summer!

Looking for more information on *SUMMER READING AT NEW YORK LIBRARIES*?

Visit our website: <http://www.summerreadingnys.org/>

Contact: Sharon Phillips, Summer Reading at New York Libraries Program Manager
New York State Library, Division of Library Development
Email: Sharon.Phillips@nysed.gov Phone: 518-486-4863



Summer Reading at New York Libraries is a program of the Office of Cultural Education in the New York State Education Department and is funded through the Federal Library Services and Technology Act, with funds awarded to the New York State Library by the Federal Institute of Museum and Library Services.



A UNIVERSE
OF STORIES

myON by Renaissance®

UN UNIVERSO
DE HISTORIAS

Start reading now!

1. Go to www.myON.com and click on the  button
2. Enter this information
School Name: **New York Reads**
(Begin by entering the first few letters, then click on the name from the drop-down menu)
Username: **read**
Password: **books**
3. Select a book and start reading!

Resources include login bookmarks in English and Spanish to download and print, along with instructions for offline reading using free mobile apps.



THE SUMMER OF DIGITAL CITIZENSHIP

Summer is coming, the days will be longer and the nights warmer. Fond memories of summer nights spent with neighbor kids playing hide and seek, kickball or red-rover way past sunset. The fun usually ended when moms called us in for the night. Will your summer fun involve getting outside, camping in the backyard or playing with your friends? Too many of us are tied to our devices and spend hours in front of a screen, living a virtual existence. **How about planning some time to unplug from technology this summer?**

UNPLUGGING THIS SUMMER

Many parents are concerned about their teens spending too much time online and on their devices. Here's what the data says:

Results of a 2016 Common Sense Media Report found

- 50 percent of teens "feel addicted" to mobile devices
- while 59 percent of parents surveyed believe that kids are addicted to their devices
- 72 percent of teens and 48 percent of parents feel the need to immediately respond to texts, social-networking messages, and other notifications
- 69 percent of parents and 78 percent of teens check their devices at least hourly

A 2018 Pew Research Report showed

- 45 percent of teens said they use the Internet "almost constantly."
- Another 44 percent said they go online several times a day
- 50 percent of teenage girls are "near-constant" online users, compared to 39 percent of teenage boys
- 95 percent of teens have access to a smartphone

Source: <https://www.psychology.com/cell-phone-internet-addiction> or <http://go.gstric.org/210-psychom>

Here are a few suggestions for limiting our kids' screen time during the summer:

Sign them up for summer camps	Do family activities together	Be a role model	Set time limits
It's not too late! One of the best ways to "win" the fight about screen time is to not have it in the first place. When kids are at some activity camp, they will naturally be engaged in enjoyable activities that focus their attention. Hopefully, at the same time, they are learning that great fun can be had, and friendships forged off the screen.	Take your kids bowling, play putt-putt, go hiking, try kayaking, do family board game night ... try new things! You might need to plan so that you have options ready. Your kids will learn that there are many fun activities IRL (in real life). Also, we are modeling curiosity and an openness to new experiences.	We must practice what we preach and be a positive role model for our kids. If we are on the screen frequently, even if it is mainly for work, our kids pick up on that. Then setting limits on their screen time doesn't hold much weight. We can't ask them to do things that we are unwilling to do.	Screens cannot be turned on before a certain time in the morning and must be turned off by a certain time at night. Also, it is a good idea to set a limit for how much screen time is allowed per day. While there is debate about how much is too much, a ballpark figure would be about 2-3 hours of screen time per day.



Sign Up to receive this newsletter in your email inbox

Scan this QR code with your phone, or go to <http://go.gstboces.org/dcnews-signup> in your browser.



Last year we sponsored an Unplug and Play Weekend - view the poster for more info on unplugging.

<http://go.gstric.org/210-poster>

Send comments, suggestions, and questions to dc@gstboces.org
Visit <http://dc.gstboces.org> January 2019 - page 1 of 3

MORE ON UNPLUGGING THIS SUMMER

Establish tech free zones - Have certain rooms/areas in the house and circumstances in which no tech is allowed. For instance, no screens are allowed at mealtimes or in the bathroom. As a default, don't allow screens when traveling in the car on errands and short trips.

One screen at a time - If you are doing a family movie night or your kids are watching a show, set a rule that other screen use is not allowed. We want our family screen time to be a shared experience. For parents, this means that we need to be off our phones and laptops while watching a show with our family...or even when it just with our partner.

It is fine to allow kids to enjoy age-appropriate screen time over the summer. However, unfettered access to the screen can cause a lot of problems, which could include diminished attention, sleep deprivation, and insufficient physical activity. Moreover, too much screen time means that other need-satisfying activities are getting displaced, such as face-to-face interactions. As parents, we need to help children learn that wondrous experiences and friendships are waiting for them off the screen. With a little help from us, we can help ensure that they are experience the best of both worlds.

Unplugging from technology doesn't just mean turning off your smartphone, it also means turning off the television, powering down your computer and shutting down any other electronic device. It's all about enjoying and appreciating the world around you.

Source: <http://go.gstric.org/210-unplugged>

SCREEN TIME: HOW MUCH IS TOO MUCH? OR ENOUGH?

Have you noticed that it seems like you can do just about anything from a cell phone? Do you ever forget your cell phone at home and panic about how you are going to make it thru the day without it? Screen time can become just as addictive as drugs and alcohol and do just as much damage. However, we need this technology to perform basic daily tasks.

So how do we avoid the addiction? One suggestion is to have a device parking lot in a common location in the house. Anywhere outside of the bedrooms is a good idea. This way you are not distracted by devices while you should be sleeping. Another idea is to limit the amount of screen time and to be sure that it is high quality content.



American Academy of Pediatrics (AAP) Screen Time Recommendations

< 18 months	No screen media other than video-chatting
18-24 months	High quality programming and apps used with adults
2-5 years	No more than 1 hour of high-quality programming that is co-viewed or co-played
6+ years	Should have constant screen time limits at parent discretion

DIGITAL CITIZENSHIP ADOPTION GROWS SLOWLY IN SCHOOLS

Despite the fact that schools know how important digital citizenship is to their school cultures, many still find it difficult to implement because of three fundamental reasons.

The first reason is the **lack of knowledge**. Many educators shy away from technology because they feel they don't understand enough about it. Often they don't have the opportunities to learn how and where technology tools can fit into their curriculum or learning experiences in their classrooms.

The second is the **lack of time**. Teachers are busy already with all of the other things that they have to teach. The limited professional development training and constantly changing new technology makes it difficult for teachers to develop new skills.

The third is the **lack of support**. Teachers often don't have enough (or any) instructional support to learn how best to implement digital citizenship programs into the curriculum.

What can schools do to encourage digital citizenship?

- Host a week of digital citizenship activities featuring guest speakers.
- Encourage a "grassroots" approach, where individual teachers share ideas and information about appropriate technology use.
- Encourage students to create banners, public service announcements, and presentations to share with other grade levels.
- Include parents, community members, and law enforcement officials in conversations about what they would like to see their children able to do with technology—in schools as well as in the larger community.

<http://go.gstric.org/210-growth>



Introducing the DQ Framework

What is DQ (Digital Intelligence)?

Digital Intelligence (DQ) is a comprehensive set of technical, cognitive, meta-cognitive, and socio-emotional competencies that are grounded in universal moral values and that enable individuals to face the challenges and harness the opportunities of digital life. DQ has three levels, eight areas, and 24 competencies composed of knowledge, skills, attitudes, and values.



View full-size graph on the website

The Three Levels:

1

Digital Citizenship

The ability to use digital technology and media in safe, responsible, and ethical ways.

2

Digital Creativity

The ability to become a part of the digital ecosystem, and to create new knowledge, technologies, and content to turn ideas into reality.

3

Digital Competitiveness

The ability to solve global challenges, to innovate, and to create new opportunities in the digital economy by driving entrepreneurship, jobs, growth and impact.

DQ with its three levels goes beyond digital citizenship to address future readiness and overall well-being in a global society. It is well worth exploring in more detail.

Visit the DQ Institute website - <http://go.gstric.org/210-dq>



Common Sense Media has updated their digital citizenship Lessons for grades 3 - 8

New videos, lesson slides, and customizable resources can be filtered by the following categories:

Media Balance & Well-Being

Privacy & Security

Digital Footprint & Identity

Relationships & Communication

Cyberbullying, Digital Drama & Hate Speech

News & Media Literacy

Visit their website to view and download the resources. <http://go.gstric.org/210-newsense>

Follow up on: Online Gaming



Last month we featured an article about a group of young people who use gaming as a positive way to show digital citizenship to others. This month we will focus on one game and provide a few links for parents whose children may be playing this game.

Fortnite Battle Royale is hugely popular among young people. Many of them play for several hours a day. Use the links below to view two articles from YourTeenMag.com for parents of Fortnite players.

Fortnite For Parents: What Is It - And Why Your Kids Love It - <http://go.gstric.org/210-fortnite1>

Setting Limits On Video Games: Too Much Fortnite - <http://go.gstric.org/210-fortnite2>



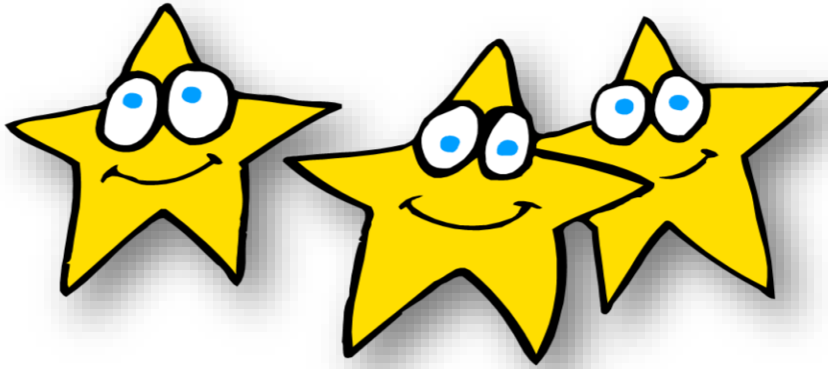
THE DIGITAL SUMMER OF A CITIZENSHIP



Get out and enjoy your summer without being tied to technology.
We guarantee that the online world will still be there when you get back.

Happy Summer! from the GST BOCES Digital Citizenship Initiative - <http://dc.gstboces.org>





***GARDNER ROAD PTO JUNE 2019
NEWSLETTER***

MUD RUN!!!! The Mud Run will be on June 10th at 6:00 p.m. behind Gardner Road School. Included in this year's registration will be a water bottle, snacks, and a bottle of water.



Open positions:

There will be three openings available for next school year. We are in need of a Vice President, Student Council Representative and a volunteer to change the school sign out front of the school. No experience is necessary. If you've always wanted to help out this is perfect opportunity to get involved. Contact the PTO with any questions if you are interested.

**June 10:
Mud Run**

**June 21:
No School**

**June 24 & 25:
Half Days
Last Day**

PTO BOARD:

President: Lita Mata
Vice President: Katie Easton
Treasurer: Courtney Bola
Secretary: Stacy Witzel

pto.gardnerroad@gmail.com

Join the Horseheads Central School District as a School Bus Driver



- **Paid training**
- **Benefits package including health insurance**
- **No weekends, holidays, or summers**

To apply, submit a completed employment application to our Human Resources Office, south wing of Horseheads High School, during school hours. Our application may be found at www.horseheadsdistrict.com, or you may pick one up in our Human Resources Office.

Applicants must be 21 years old.
Fingerprint/background check and
drug testing are required.

Questions?

Call the Transportation Department at
(607) 739-5601, x4401, or email us at
hcsdinfo@horseheadsdistrict.com.

