Horseheads Middle School February, 2019



Winter Edition

Contact Us!

607-739-6357 • http://Horseheadsdistrict.com/HHMS.cfm

What's Happening at HMS

1/31/19 and 2/1/19

MS Musical
HS Aud. 7:00 pm

2/8/19

MS Group Photos

2/18/19 - 2/19/18

Presidents Day
No School

2/27/19

MS Variety Show HS Aud. 7:00 pm





Celebrated the third Monday in February set aside to honor all of our great country's chief executives.

Spelling Bee Champ!

Kris Patel was named
Champion at our annual
spelling bee held in January, with Meadow Barr
taking Reserve Champion. Both will
move on to the Regional Spelling Bee in
Corning this March.



NYS ASSESSMENT DATES

WHAT PARENTS
NEED TO KNOW

Our 7th and 8th grade students will take:

English Language Arts: 4/3, 4/4

Math: 5/1, 5/2

Our 8th grade students will take:

Science Performance Test: 5/22

Science Written Test: 6/3

Our 8th grade Algebra I students will take the Algebra I Regents Exam on June 19th, 12:00-3:00pm. All 8th grade Algebra I students will be exempt from the 8th grade math assessment.



TIME TO SIGN UP FOR SPRING SPORTS

Varsity/JV on February 2

Baseball Girls Golf Boys Tennis Track Softball

Lacrosse



Modified on February 16

Baseball Lacrosse Track Softball

If you plan to play up to JV/V level, you must see the Mrs. Cobb (school nurse) to pick up an athletic placement process (APP) packet. Returning JV/V players must also pick up paperwork.

Character Trait of the Month **Trustworthiness**

Honesty • Integrity • Promise-keeping • Loyalty

Tell the truth. Be sincere. Don't betray a trust. Don't withhold important information in relationships of trust. Don't steal. Don't cheat.

Stand up for your beliefs about right and wrong. Be your best self. Resist social pressures to do things you think are wrong. Show commitment, courage and self-discipline.

Keep your word.

Stand by, support, and protect your family, friends, employers, community and country. Don't talk behind people's backs, spread rumors or engage in harmful gossip. Don't violate other ethical principles to keep or win a friendship or gain approval. Don't ask a friend to do something wrong.

New York State Testing Format Change

The New York State Education Department continues to transition to computer-based testing (CBT) as part of its commitment to both meeting the needs of 21st century learners and improving test delivery, test integrity, scoring validity, and turn-around time on testing results. Computer-based testing simply means students take tests on a computer using a keyboard and mouse rather than on paper using a pen or pencil.

Horseheads Middle School (7th and 8th grade) will be participating in computer-based testing for English Language Arts and Mathematics this school year. To help prepare students for this shift in testing format, teachers are working to develop learning opportunities for students, which require computer based responses and practice using the testing platform from the New York State website.

If you are interested in reviewing computer-based testing sample questions, please visit the question sampler section of the New York State Education Department's website at http://www.nysed.gov/edtech/question-sampler

Although change is always challenging, I am confident our teachers are making the necessary adjustments to ensure our students will be prepared in April and May for our New York State Assessments.

Please do not hesitate to call Ron Holloway at (607) 739-6357 with any questions or concerns.



We appreciate you supporting our efforts as we prepare our students for success on the New York State Assessments.





Attendance Auto-call and Email

To keep you updated regarding your child's attendance, the middle school will soon be sending you an auto-call and email when your student(s) are absent from school. If a student is absent from first period, a call and email will be generated and delivered in the morning. If the student continues to be absent, another call will be generated and delivered in the evening with all of the periods the student has missed.

PARENT PORTAL

If you have not already signed up, please visit our Guidance Office. You will be asked to complete a short form and present identification. If you have questions, please call Karen McLain at 739-5601, x4251 or email kmclain@horseheadsdistrict.com.





If your child is absent from school, it is possible for you to request assignments for your child. Contact the Main Office prior to 10:00 am on the day you wish to have the assignments. The assignments may be picked up between 3:15 and 4:00 pm.

Progress Reports & Report Cards

Parents are informed of student progress in two ways. Progress reports are sent home with students at the five-week point of each marking period. A report card is sent home with students at the end of the ten-week marking period. We encourage parents to sign-up for Parent Portal to help keep track of your student's progress between the reporting periods.

Honor Roll: 85.0 cumulative average

Failing Grade: 64.0 or lower in any course



Information about Emergency School Closings and Delays

Schools are closed when the weather makes it impossible to have reasonable attendance or when the schools or vehicles would not be able to operate safely. The school day is delayed when inclement weather conditions improve by early morning. Inclement weather may include snow, ice, and freezing temperatures. If the school day is delayed, buses will run and schools will open two hours later than the usual time.

If it is necessary to close or delay schools, the information will be posted on the district's website at www.horseheadsdistrict.com, the district's Facebook pages, Twitter and the local television and radio stations.

WHAT PARENTS
NEED TO KNOW





Locally-grown, roasted New York carrots were featured in in the cafeteria in January.

What's New in the MS Café

Carrots are a root vegetable that belong to the family *apiaceae*, along with celery and parsley. They are an excellent source of Vitamin A, which is important the health of our eyes and immune system.

Special Fruit Frostie Dessert coming for Valentine's Day!



Look for new entrees coming this month:

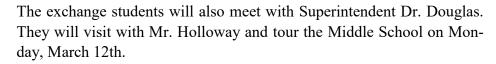
BBQ Pork Patty Melt as well as a cheesy tatertot meatball casserole!



Look for delicious entrees from Belgium, Mexico, Canada, Asia, and Italy in the Café this week!

Horseheads Sister City Association Exchange Students Set to Visit Our School

Students from our Sister City, Nakagawa, will be arriving in Horseheads on Saturday, March 10th, and departing Sunday, March 18th. While in Horseheads, the students will attend classes at the Middle School on Monday and Friday, and will be going on fieldtrips during the rest of the week.





YEARBOOK SALE

To order your 2018-2019 Middle School yearbook go to the following website: <a href="https://www.ubeau.nie.gov

Enter the Yearbook ID code 11056519 and then follow the easy onscreen ordering instructions. The cost is \$ 19.00 and all major credit cards are accepted. The Middle School will not be handling any year-

book payments. If you need further information or details, please call 1-800-453-9764. All yearbooks must be ordered online. The deadline for ordering is March 31st. School Yearbooks will be distributed in June.



GST BOCES Digital Citizenship Initiative announces a ...

Digital Citizenship Calendar Art Contest

All students in GST BOCES Component School Districts are invited to participate for a chance to have their work published in a Digital Citizenship Calendar. Entries should feature original artwork illustrating safe use of the Internet and/or mobile devices.

Format

- Original hand-drawn or electronically created submissions will be accepted.
- · Text should be dark and large enough to read.
- Submissions may be in the format of either a full-page drawing or a 4-panel comic.

Layout and Dimensions

 Only landscape layout submissions will be accepted as the calendars are printed in an 11" x 8.5" landscape format.

Content

- Do Not send any artwork that contains trademarked images or brands such as Disney Characters, Dell, Google, Twitter, etc.
- Do Not put any identifying information (such as the student's full name or age) on the front of the poster.
- Adults may offer minimum technical support but cannot aid in the creative process. No professional (paid)
 assistance is allowed.
- Inappropriate or offensive language and/or images will cause a submission to be disqualified.
- All art files must be submitted in an electronic format via email and cannot be larger than 8MB
- All entries must be received at GST BOCES by March 1st, 2019.

Some Suggestions for Topics: How should you treat others online? What information is safe to share on social media, and what should be kept private? How should you handle unwanted attention or strangers online? How can you handle cyberbullying? Why is it important to keep your devices and software up to date?

When the entry form is completed, the form and the electronic art file should be attached to an email message and sent to: dc@gstboces.org with Calendar Art Contest in the subject line.

Important Notice: All submitted art file entries become the property of GST BOCES and may be used in the calendar or in future publications. Entries will not be returned.

sponsored by the

GST BOCES DIGITAL CITIZENSHIP INITIATIVE

You can visit our website at http://www.gstric.org/digital-citizenship

Contest information and entry form at http://go.gstric.org/art-contest







GST BOCES DIGITAL CITIZENSHIP INITIATIVE

Note: It is requested that a Teacher or School Contact Person verifies that this form is completely and accurately filled out, and that the art file that is submitted is in compliance with the contest guidelines. The entry form and electronic art file should be emailed to dc@gstboces.org

Calendar Art Contest Entry Form

Student's FIRST Name: (Please DO NOT include student's last name)			
Grade:	H. M.		
Title of Poster:			
School Contact Name:		X	
_ → → Email:	Phone Number:		
School Name:			
School Address:			
School City:	State:	Zip:	

When the entry form is completed, the form and the electronic art file should be attached to an email message and sent to: dc@gstboces.org with Calendar Art Contest in the subject line.

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http://www.gstboces.org

Horseheads Superintendent Dr. Tom Douglas cheers on Food Drive Assembly Games contestants with the help of Pete.

Introducing ...



Pete the Megafish!

Pete is the mascot for the Fish Philosophy. Here at the Middle School, we follow the four philosophies that make up Fish:

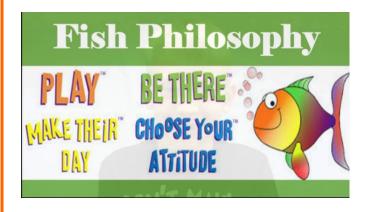
Play!

Make Their Day!

Choose Your Attitude!

Be There!

Pete will be traveling around the Horseheads School District, spreading smiles and fun wherever he goes!





Pete warming up on his bike for the Tricycle Race at last month's Food Drive Assembly Games.

Scholastic Art Award Winners

13 out of 15 Middle School Art Entries Accepted by the Committee were from Horseheads!

The Arnot Art Museum is pleased to announce the winners in 2019 New York/Pennsylvania Scholastic Art Awards program. This is the 7th year of the Museum's association with the program. More than 900 works were entered in the contest this year, with 230 receiving awards.

Congratulations to the following students who will have their artwork on display at the Arnot Art Museum this February:

Honorable Mentions:

Meadow Barr, Painting, Hanging by a Thread
Nina Calabria, Sculpture, Tough Tenacious Tentacles
Kristen Cole, Drawing, Self Portrait
Teagan Crum, Drawing, Snazz hands
Thea Maxson, Drawing, I'm Next
Sophia McMaster, Drawing, Eye Pod
Kallie Seeley, Design, Autumn Lace

Silver Keys:

Alexis Krohmalney, Drawing, *Bugs and Burgers*William Lotocky, Drawing, *The Truth in Yourself*Sophia McMaster, Drawing, *Our Glass*

Gold Keys: (Moves on for National Competition)

Matthew Hunter, Drawing, *The Polluted Apple* Sophia McMaster, Drawing, *A Wrinkle in Time* Rosario Savash, Drawing, *It's Okay!*

Congratulations Artists!

Scholastic Art Award Winners



Kristen Cole- Honorable Mention "Self Portrait"



Thea Maxson- Honorable Mention "I'm Next"





Matthew Hunter - Gold Key "The Polluted Apple"

Girls on the Run Spring 2019 Season

Heart & Sole is part of the Girls on the Run program and is an empowerment program for girls in 6th-8th grade, giving them skills and experiences to navigate their world confidently and to unleash their limitless potential! We teach girls life skills through a curriculum of engaging lessons and fun running activities. At each season's conclusion, the girls complete a celebratory 5K run that gives them a lifelong memory of accomplishment. The result? Healthy, confident girls who CAN!

Girls on the Run of the Southern Tier will have sites throughout Steuben, Chemung, Schuyler, Yates, and Allegany Counties this spring, including a team at Horseheads Intermediate School! Online registration is now open! www.gotrst.org and the season kicks off the week of Monday, March 4th.

Information will be available in the middle school office.

To learn more about site locations/times, the registration process, or to get involved, visit www.gotrst.org.









Be your own hero

Season: March 4th-June 2nd

Location: Horseheads Intermediate

Registration opens January 1, 2019, limited space available

WHAT is girls on the run?

Girls on the Run is a program that gives girls the opportunity to build confidence and healthy habits. You'll learn how to make great friendships, how to celebrate all that makes you unique, and so much more! Each week, you will also take part in training and activities that will help build endurance for a celebratory 5k running event.

WHERE can I learn more?

On our website at www.gotrst.org

HOW much does it cost?

\$125 on a sliding scale, scholarships available.

WHO can join?

6th-8th grade girls like YOU!

\mathbf{WHEN} do we meet?

Twice a week after school for 75-90 minutes with your team. The program is held at the school and is led by trained, volunteer coaches.

HOW do I join?

Register on our website for the 2019 Spring Season. Register at: www.gotrst.org < Register Now < Spring 2019 Participant

5:00 pm-6:30 pm

Horseheads Intermediate
Tuesdays & Thursdays







February Book Bingo

For a fun challenge, find and read books for the categories below. As you read, place the title of the book in the square.

Score BINGO and return to Mrs. Heidrich.

A book by 2 or more authors	A book with a cover you kind of hate (but a story you love)	A book with only one word in the title	A book you've been waiting to read	A book set during Valentine's Day
A book borrowed from a library	A book set in a place you would like to visit	A book where a character seeks a new start	A book with a character that shares your first name	A book about going on a quest
A book you were given as a gift	A book whose title begins with the letters L, O, V or E	Ш	The first book in a series	A book recommended by a friend
A novel inspired by true events	A book inspired by mythology or folklore	A book that has a name in the title	A book about an animal	A book where a character gives up a bad habit
A novel that includes a recipe	A graphic novel you would like to read	A book by an author with a pen name, like Dr. Seuss, but not Dr. Seuss	A book set on a planet or universe different from your own	A book you chose based on the cover

New Books in the Middle School Library

Locked Up for Freedom: Civil Rights Protesters at the Leesburg Stockade

by Heather E. Schwartz



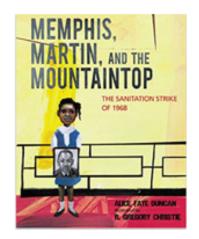
Leesburg, Georgia. Arrested for Demonstrating in Americus, Teenage Girls Are Kept in a Stockade in the Countryside, © Danny Lyon/Magnum Photos, Collection of the Smithsonian National Museum of African American History and Culture.

The Leesburg Stockade Girls were between the ages of 12 and 15 when they were jailed for participating in a protest in Americus, Georgia in 1963. They were moved to the poorly equipped Leesburg Stockade in a neighboring town and held, initially without family knowledge, for 45 days. The story was picked up by national papers and the girls were never formally charged with a crime.

A photographer with Student Non-violent Coordinating Committee (SNCC), travelled to the grounds and took pictures of the girls. The photos and their story ran in African American newspapers across the country.

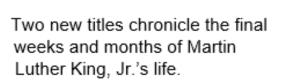
Today the women who were once Stockade Girls are speaking out about their experience and role in the Civil Rights Movement. Read to find out more about these brave women!

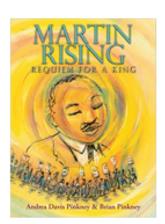
New Books in the Middle School Library



Memphis, Martin and the Mountaintop: The Sanitation Strike of 1968 By Alice Faye Duncan

Martin Rising: Requiem for a King by Andrea Davis Pinkney & Brian Pinkney





Memphis, Martin and the Mountaintop: The Sanitation Strike of 1968 is based on a first-person account of a woman who experienced the events in Memphis leading up to and following King's assassination.

Martin Rising: Requiem for a King is a chronicle of the last year of Martin's life written in poetic form. Both a tribute and a source of important information about King and his legacy, the events of 1968 are described through secondary sources and, more importantly, first-hand accounts of everyday events like the celebration of King's birthday with his family and friends.

March Forward, Girl: from young warrior to Little Rock Nine by Melba Pattillo Beals



Melba Pattillo Beals was fifteen when she became a member of the Little Rock Nine, the first black students to attend Central High School in Little Rock, Arkansas. The story of the Little Rock Nine drew national attention and students were thrust into the spotlight. Melba went on to become a journalist and here records her experience as a child during the Jim Crow era and her thoughts and feelings about her pivotal role in the Civil Right Movement.

Many thanks to Ms. Rathbun for sharing her students' work!



Jokes and Riddles

By Zachary Thomas and Alex Daugherty

1. What happens when you play tug of war with a pig?

Pulled Pork

2. What runs around the yard without moving?

A fence

3. Why is the snail the strongest animal?

Because he carries his house on his back

4. How would you rearrange letters in the word "new door" to make one word?

"ONE WORD"

5. What is broken when you name it?

Silence

6. What do you get if you cross a spider with a computer?

A web page

7. What always sleeps with its shoes on?

A horse

8. Why do dragons sleep all day?

They like to hunt knights

9. What can honk without a horn?

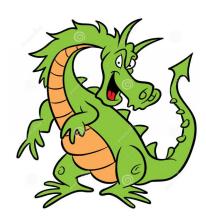
A goose

10. What two keys cannot open any doors?

A donkey and a monkey

Work Cited

Wingate, P. More Dumb Jokes for Smart Kids. Buster Books, 2001.









Stay Healthy and Warm in the Winter

by Kirstyn Simons

I know that getting sick and staying home can sound like fun but remember if we do not come to school we do not get an education. Also, if you stay home sick you will have to make up work and that is no fun. These five tips will prevent you from getting sick and help you stay in school.

- 1. Keep clean
- 2. Dress warm
- 3. Get 8 hours of sleep a night
- 4. Stay healthy
- 5. Get fresh air



Part of staying healthy is staying warm. I know that it is only November, but here are five tips on how to stay warm this winter:



- 1.Wear a scarf
- 2.Wear a coat
- 3.Wear gloves
- 4. Wear boots
- 5. Wear a hat or ear muffs

Works Cited

"Tips for Staying Warm." *Engergy.org*. 30 Nov. 2017. https://www.energy.gov/eere/articles/5-tips-stay-warm-winter. Accessed 17 oct. 2018.



A Healthy Lifestyle

by Hayden Burrell

Eating nutritious meals and exercising everyday can help you to stay healthy. You can run, walk, jog, play sports, and many other activities to stay active. Below I have listed five easy everyday exercises that you can do:



Participate in sports

Take your dog for a walk

Go swimming

Ride a bike

Jump on the trampoline



You can also eat healthy foods, such as, vegetables and fruits. Below I have included healthy tips for each meal:

Breakfast: Breakfast is the most important meal of your day. In the morning, you should have at least two cooked foods, fruit, and a drink that helps with energy.

Lunch: For lunch, you should have fruits, vegetables, and one cooked food.

Dinner: Dinner is your biggest meal. For dinner, you should be having at least 2 or more cooked foods, and vegetables.

If you follow these everyday exercises and healthy eating tips you will have a healthy lifestyle!



Works cited

"Staying Healthy." *Childline*, 2018. https://www.childline.org.uk/info-advice/you-your-body/my-body/staying-healthy/. Accessed 15 Oct. 2018.



The New Helmet Rule

by Devon Walton

Do you want to learn more about the Helmet Rule for the NFL? This rule was enacted for the 2018-2019 season. It states that a penalty will be given anytime a player lowers his head to initiate contact with an opponent using his helmet. Players can be ejected for the use of helmet foul.

This foul includes:

When a player's helmet makes contact to an opponent's torso, hips, or lower half of the body.

Personally, I think this rule should be reconsidered. Football is a contact sport, and by the time they make all these rules, it's going to be more like flag football. At the end of the day, football is a rough sport and people are going to get hurt. Although player safety is important, I think this rule is impacting the game of football too much.

Do you think this rule should be allowed?





Works Cited

"2018 Rules Changes and Points Of Emphasis." *NFL Football Operations*, NFL, 2018, https://operations.nfl.com/the-rules/2018-rules-changes-and-points-of-emphasis/. Accessed 17 Oct.2018.



District Dignity Act Coordinator

The Dignity Act Coordinator (DAC) for the Horseheads Central School District is Caitlin DeFilippo, director of Human Resources. If there is a complaint regarding discrimination, harassment or bullying of any student, the complaint should be filed with Caitlin DeFilippo, at One Raider Lane, Horseheads, NY 14845; 607-739-5601 x 4211 or at cdefilippo@horseheadsdistrict.com.

Middle School Dignity Act Coordinator

The Dignity Act Coordinator (DAC) for the Horseheads Middle School is Ron Holloway, building principal. If there is a complaint regarding discrimination, harassment or bullying of any student, the complaint should be filed with Mr. Holloway at 950 Sing Sing Rd., Horseheads, NY 14845; 739-6357 x 3640 or at rholloway@horseheadsdistrict.com.

Notice

The Horseheads Central School District offers educational programs without regard to race, color, national origin, creed, religion, marital status, military status, sex, sexual orientation, age, gender identity, predisposing genetic characteristic, or disability, and provides equal access to applicable groups under the Boy Scouts of America Equal Access Act. Inquiries regarding this policy may be made to Caitlin DeFilippo, Title IX/DASA Coordinator, and Co-Civil Rights Compliance Officer; Anthony Gill, Co-Civil Rights Compliance Officer; or Kelly Squires, Section 504 Coordinator, Horseheads Central School District, One Raider Lane, Horseheads, NY 14845, (607) 739-5601.

This policy of non-discrimination includes access by students to educational programs, counseling services, course offerings, and activities, as well as recruitment and appointment of employees and employment pay, benefits, advancement and/or termination.

Horseheads Middle School:



Home of the Raider Way