Horseheads Middle School





Late Winter Edition

Contact Us! 607-739-6357 • http://Horseheadsdistrict.com/HHMS.cfm

What's Happening at HMS

2/2/21 - ODD Day Second Semester Begins

2/3/21 & 2/4/21 Report Cards & Aimsweb Reports Issued

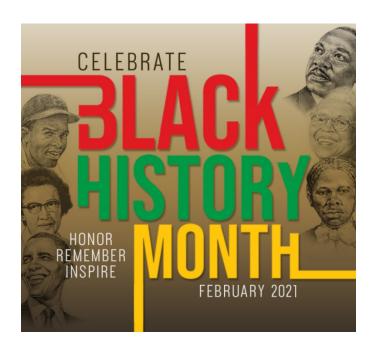
> 2/15/21 - 2/16/21 Presidents Day No School

3/9/21 & 3/11/21 Progress Reports Issued

3/14/21 Daylight Saving Time Begins Turn clocks AHEAD one hour

> Sign-ups for Fall II and Spring sports: See page 3.







Progress Reports / Report Cards

Parents are informed of student progress in two ways. Progress reports are sent home with students at the five-week point of each marking period. A report card is sent home with students at the end of the ten-week marking period. We encourage parents to sign-up for Parent Portal to help keep track of your student's progress between the reporting periods.

Distinguished High Honor Roll	95-100
High Honor Roll	90-94.99
Honor Roll	85-89.99
Failing Grade 64.0 or lower in any	course

February Report Cards will be available to view online beginning February 3 through your Parent Portal account. Copies will be sent home with students. Report cards for 100% remote students will be mailed.

PARENT PORTAL

Don't have Parent Portal? Please visit our website. In the "QuickLinks" section in the middle, near the bottom, hover over "Parent Portal". You will be directed to com-

Checking your student's grades on Parent Portal? The URL for a computer browser is:

https://schooltool.horseheadsdistrict.com

The URL for the mobile app is:

https://schooltool.horseheadsdistrict.com/sthhweb





Lost y our lunch box? Misplaced your math book? Come to the Main Office and check the blue bins underneath the table.



Modified Sports

Fall II season:

Fall modified sports start date: 3/8/21 **Fall sports registration** opens: 2/6/21

modified Football

modified Girls Soccer

modified Boys Soccer

modified Boys & Girls Cross Country

modified Volleyball

modified Girls Swimming

Spring season:

Spring modified sports start date: 4/26/21 **Spring sports registration** opens: 3/27/21

Click here for online registration: FamilyID

YEARBOOK SALE

To order your 2019-2020 Middle School yearbook go to the following website: <u>ybpay.lifetouch.com.</u>

Enter the Yearbook ID code 11056521 and then follow the easy on- screen ordering instructions.

The cost is \$ 20.00 and all major credit cards are accepted. The Middle School will not be handling any yearbook payments.

If you need further information or details, please call 1-800-453-9764. All yearbooks must be ordered online. The deadline for ordering is March 31st. School Yearbooks will be distributed in June.

Character Trait of the Month Trustworthiness

> Honesty Integrity Promise-keeping Loyalty

Information for Parents/Guardians of the Horseheads Central School District

Safety Protocols

Our top priorities are the health, safety, wellbeing, and education of all our students. While we must follow the requirements of health and education agencies, we also have our own protocols we have instituted in order to guard the health and safety of our students and staff.

Monitor your child's health

On the days students attend school, parents/guardians are required to check the student's temperature and monitor for symptoms of COVID-19. Please be mindful of your child's overall health when screening your child in the morning. If your child has a temperature of 100 degrees or higher and/or exhibits other symptoms (including but not limited to cough, shortness of breath/difficulty breathing, fatigue, muscle aches, loss of taste/smell, etc.), please keep your child home. If our screening determines your child has a temperature of 100 degrees or higher and/or symptoms of COVID-19, you will be notified and required to immediately pick up your child.

Please remember to complete the Stay Well survey using the link sent to you each morning on the days your child attends school. The Stay Well survey links are sent to both parents/guardians as listed in our database. If you are not getting these emails or you have questions, please contact your child's school.

Masks

All staff and students are required to wear masks while in school, on the playground, and on buses. Students will be allowed mask breaks when eating and when at least six feet of social distancing is consistently maintained. It is very important that masks are worn correctly; this means covering the nose and below the chin. <u>Click here for the district mask procedure.</u>

Hand Washing

One of the most effective ways to stop the spread of viruses is washing hands properly and often. Click here for a video on <u>How to Wash Your Hands</u>.

Returning to school in COVID-19 health-related situations

Please note: This information has been updated using newly-released guidance from the New York State Health Department.

Please also note: The district must follow requirements of the New York State Health Department, the Chemung County Health Department, and the New York State Education Department in regard to safety protocols. The district also has its own additional safety protocols to guard the health and safety of students and staff.

If a student tests positive for COVID-19, here are the requirements to return to school:

- 1. Release from quarantine by the Health Department:
 - If symptomatic, the student must complete at least ten days of isolation from the onset of symptoms
 - If asymptomatic (no symptoms), the student must complete ten days of quarantine after the positive test

January 2021

If a student has symptoms of COVID 19, one of the following is required to return to school:

A		В		С
 COVID-19 diagnostic test with negative result, and Improvement of symptoms with child being fever-free without medication for at least 24 hours 	OR	 Alternate diagnosis from the child's health care provider 	OR	 At least ten days have passed since the date of first symptoms, and Improvement of symptoms, and The child is fever-free without medication for at least 72 hours

If a student is in direct contact with a person who tests positive for COVID-19, the following are required to return to school:

 Release from quarantine by the Health Department (generally 10 days, but if the direct contact lives with the COVID-19 positive person then the quarantine period starts after the positive person is cleared by the Health Department.)

Testing locations

Below is a list of testing locations within Chemung County as listed with the NYS COVID-19 Resource Center:

Arnot Ogden Medical Center – Horseheads Appointment and Physician order required 100 John Roemmelt Drive, Suite 301 Horseheads, NY 14845 (607) 737-4100

Arnot Ogden Medical Center - Big Flats Appointment and Physician order required 31 Arnot Road Big Flats, NY 14845 (607) 795-5100

Arnot Ogden Medical Center - Hospital and Drive-through Appointment and Physician order required 600 Roe Avenue Elmira, NY 14905 (800) 952-2662 Elmira VA Clinic Appointment and Physician order required 1316 College Avenue Elmira, NY 14901 (607) 664-4640

Wellnow Urgent Care - Big Flats Walk-in 830 County Road 64 Big Flats, NY 14903 (607) 846-2030

Smith Allergy & Asthma Associates Appointment required 2977 Westinghouse Road Horseheads, NY 14845 (607) 684-6115

Visitors to Schools

Click this link for our District Protocol on Visitors to Schools.

Questions? Contact your school office or email hcsdinfo@horseheadsdistrict.com.

January 2021

Student Screening Informational Form				
Student:	Grade:	Date:		
Your child is: 🔲 not bein	g allowed to enter school today 🗌 is	is being sent home		
with the following sympton	ns that have been identified as COVID	D-19 Related:		
Headache New loss of		Ity breathing Fatigue/Tired Muscle/Body Aches Ingestion or runny nose Nausea/vomiting/Diarrhea		
Returning to School after I				
		s for guidance allowing a student to return to school after ent with possible COVID-19. Your child may return to school		

MUST MEET ALL CRITERIA IN ONE BOX TO RETURN:

when one of the following is met.

STUDENT HAS SYMPTOMS OF POSSIBLE COVID-19 ILLNESS, BUT IS DETERMINED <u>NOT</u> TO HAVE COVID-19 BASED ON A NEGATIVE COVID TEST. CAN RETURN TO SCHOOL WHEN... (all 3 conditions must me met and paperwork provided to the health office)

- Student has been diagnosed with another condition (not COVID-19) and has a note written/signed by a health care
 provider (MD, NP, Physician Assistant) note stating they are clear to return to school; AND
- · Documentation of a negative COVID-19 test is provided to the health office; AND
- There is no fever, without the use of fever reducing medicines, for at least 72 hours (without using fever reducing medicine);

OR

STUDENT HAS BEEN DIAGNOSED WITH COVID-19 BASED ON A POSITIVE TEST. THEY SHOULD NOT BE AT SCHOOL AND SHOULD STAY HOME UNTIL:

- Student has been cleared by the Chemung County Department of Health a provides documentation of this; AND
- It has been at least THREE days since the student has had a fever or symptoms (without using fever reducing medicine);

It is recommended by the Horseheads School District and School Nurse that the parent/guardian of any student being sent home for the above illness reach out to the Students Health Care Provider as soon as possible for Guidance and if any symptoms worsen or any concerns, they should contact 911.

Student Screening Informational Form, continued

Your child may return to school when you have documentation from a health care provider following an evaluation, negative COVID-19 diagnostic test result, and symptom resolution.

Below is a list of testing locations within Chemung County per the COVID-19 Resource Center: AOMC – Horseheads Appointment and Physician order required 100 John Roemmelt Drive, Suite 301, Horseheads, NY 14845 (607) 737-4100

AOMC - Big Flats Appointment and Physician order required 31 Arnot Road, Big Flats, NY 14845 (607) 795-5100

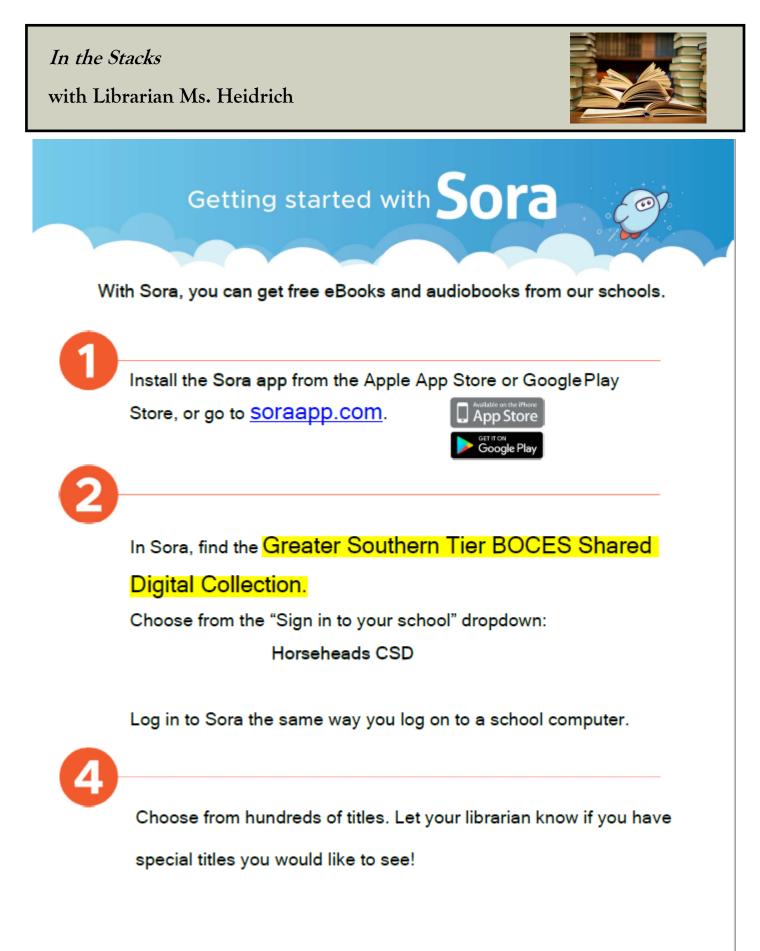
Elmira VA Clinic Appointment and Physician order required 1316 College Avenue, Elmira, NY 14901 (607) 664-4640

Arnot Ogden Medical Center Hospital and Drive-thru Appointment and Physician order required 600 Roe Ave., Elmira, NY 14905 (800) 952-2662

Wellnow Urgent Care - Big Flats Walk-in 830 County Road 64, Big Flats, NY 14903 (607) 846-2030

Smith Allergy & Asthma-Corning, Ithaca and Cortland locations; Starting 10/1/2020-Horseheads location Call 607-684-6115 to schedule an appointment

If you have any questions about requirements for school reentry, please contact your school building nurse.



For more help with Sora, visit help.soraapp.com.



Information Mishandling - Some sites on the internet may need personal information to give you access to their services. These sites often store that information in cookies. Most of the time this information is * not encrypted and can be accessed by anyone. This mishandling of personal information may lead to serious consequences.

Location Tracking - Many internet users post their current location along with tagging friends and family members in their social media. It's fun and exciting to share your life events, but this data does not remain restricted to your expected audience only. You are providing data gives first-hand info to the world about where exactly you are and what your next move is, which is certainly risky and insecure.

How to Protect Your Digital Privacy (New York Times Privacy Project) - http://go.gstric.org/406-NYTprivacy

10 Tips to Improve your Internet Privacy (Kaspersky Labs Cybersecurity) - http://go.gstric.org/406-KasperskyTips

CALENDAR CONTEST TIME IS

GET A FULL PAGE FOR YOUR ART!

RUNNING OUT!



STUDENTS! GET YOUR ORIGINAL ART PUBLISHED IN OUR ANNUAL DIGITAL CITIZENSHIP CALENDAR!

CONTEST DEADLINE: FEBRUARY 28th 2021

GET ALL THE DETAILS AND ENTRY FORM AT http://go.gstric.org/406-contest



WATERFALL (1961) MC ESCHER

SEE IF YOU CAN LOCATE A LARGER IMAGE OF THIS ART WORK. STUDY IT. DESCRIBE WHAT YOU SEE.

MORE ABOUT MC ESCHER http://go.gstric.org/406-escher

OBJECTIVE REALITY SUBJECTIVE REALITY VIRTUAL REALITY AUGMENTED REALITY MIXED REALITY MY REALITY

WHAT IS YOUR REALITY?

What things define the reality of your life? What type(s) of news do you watch? What type(s) of articles do you read? Do you have a limited number of sites that you visit online? Do you always talk to the same people?

All of these things may influence your view of your reality. We know that certain news groups and websites have certain biases. If you use social media it may feed you news and headlines based on your likes. We hear lots of fake news and misleading information. (more on page 4)



Send comments, suggestions, and questions to <u>dc@gstboces.org</u> Visit http://dc.qstboces.org

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competencies of digital citizenship

ISTE has made teaching about Digital Citizenship more active by introducing five competencies focused on getting students DOING more to demonstrate DC Values.

INCLUSIVE:

I am open to hearing and respectfully recognizing multiple viewpoints, and I engage with others online with respect and empathy.

INFORMED:

I evaluate the accuracy, perspective, and validity of digital media and social posts.

ENGAGED:

I use technology and digital channels for civic engagement, to solve problems and be a force for good in both physical and virtual communities.

BALANCED:

I make informed decisions about how to prioritize my time and activities online and off.

ALERT:

I am aware of my online actions, and know how to be safe and create safe spaces for others online.

http://go.gstric.org/406-5comps

Rethinking Digital Citizenship

Richard Culatta Chief Executive Officer, ISTE

"Far too often, digital citizenship is taught in a negative way — here's the list of all the stuff you should not do online. And while I appreciate the intent behind anti-cyberbullying campaigns, we don't teach other things as "anti-" in schools. And so we must challenge ourselves to do better."

- Richard Culatta (2019)

Rethinking Digital Citizenship (2018 11:08) <u>http://go.gstric.org/406-Rethink</u>

Making Digital Citizenship about the Do's, not the Don'ts (2019 3:14)

http://go.gstric.org/406-TheDos

#digcitcommit

DEVELOP HABITS TO PROTECT YOURSELF

FROM

Improve Your Passwords - use Multi-factor authentication if available.

- Manage your email use spam and malware filters. Be wary of attachments.
- Avoid suspicious or special offers if it sounds too good it probably is.
- Filter what you share on social media.
- Do a Facebook privacy checkup or use whatever tools are available on your social media.
- Filter your phone calls don't answer calls if you don't know who they are from.
- Check your credit report regularly investigate unknown charges.



This Newsletter prepared for RIC ONE Data Privacy and Security Volume 4 : Issue 6 - February 2021 - page 2 of 4



PUT ON YOUR

If you've heard your colleagues, school representatives, or teachers talk about "2-D" or "2-D compliance" and think it sounds technical, here's the break-down of the basics:

"2-D" is a section of the NYS Education Law that deals with security of student data and employee data.

"Student data" is anything that can identify a student; like:

- Name, address, family members
- Student ID numbers, medical and government records
- Place and date of birth, mother's maiden name
- Anything else that can be used to identify an individual student!

Everyone in your school district (Admins, principals, teachers, staff, etc.) is required to help prevent the "unauthorized release of personally identifiable information".

Any computer program, app, information database, digital record keeping, etc, supplied by an outside company (Google, Apple, etc) must sign an agreement with each school district that they will not collect and/or share student data.

The Bottom line:

Section 2-D was created to keep student information safe and it's all of our responsibility to help keep it secure!

A QUICK LOOK AT ENCRYPTION

What a Difference an "S" makes

One of the methods that the Internet uses to increase the privacy and security of information is encryption. Encryption takes information that would normally be easily readable by humans and "scrambles" it using a random string of characters (the "key"), and then sends it across the Internet to the user. The user's then uses the key to unscramble the information so that you can read and use it.

Example of Plain text (not encrypted data) vs. Encrypted text

PLAIN TEXT PACKET (NOT EXCRYPTED)

credit card number 45678901234000 expiry data 12/25 cvv code 678

ENCRYPTED TEXT PACKET

bGiJtYrSh74GtSZj h&iloLmD98D13zZs uljMd77SGqd38&\$d yYAssaNskdSzd

More and more web sites are using encryption so that you can be sure all of the data that passes from their server to your browser can not be read by a third party trying to steal your information. You have probably noticed that a lot of addresses start with https: instead of http: - adding the "s" means that the connection is encrypted. You will also notice when you are using these sites that there is a padlock icon in the address bar.



Whenever you are submitting personal information with credit card or account numbers make sure that the site is using https:





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NYSCATE is an organization of dedicated technology using educators, committed to transforming teaching and learning, to provide our children with an education that prepares them to live satisfying and productive lives.

The New York State Association for Computers and Technology in Education (NYSCATE) held a Virtual Annual Conference from November 20-23, 2021, and we were there. Our very own GST BOCES Instructional Support Teacher and Digital Citizenship Team Member, KATIE COOKE, did a virtual presentation during the "Fab 5 Presentations" about Digital Citizenship and the resources available through our services. There were over 100 attendees in the live session and who knows how many will go back and watch it asynchronously!

NYSCATE

Innovate. Educate.

Visit the NYSCATE website <u>http://go.gstric.org/406-NYSCATE</u>

Visit the NYSCATE Annual Conference Page http://go.gstric.org/406-conference

View and listen to Katie's presentation http://go.gstric.org/406-pres-cooke



WHAT IS YOUR REALITY? WHAT THINGS EFFECT HOW YOU VIEW YOUR REALITY IN 2021?

(continued from Page 1) On page 1 of this newsletter we began our article with an image created by the artist MC Escher. Escher had a very different way of looking at the world, which he illustrated in his work. We continued by asking you to think about sources of information and how they influence your view of reality.

Social media has created an entirely new profession of workers who are actually called "influencers". They make their livings by influencing you to try and buy products from various manufacturers and vendors. We also hear daily about social media platforms removing posts that are misleading, fake, or fraudulent. We are confronted by sites and sources that are labeled as "fake news". Do you allow fake news peddlers and influencers to have an effect on how you view your world?

Our news recently was taken over by disturbing events in our nation's capitol where protesters were convinced that their reality entitled them to be violent and destructive. We suggest a few sites below that may help you to make sense of what happened.

Grades K-5 - http://go.gstric.org/406-media-K-5 or 6-12 - http://go.gstric.org/406-media-6-12



Drawing Hands MC Escher (1948)



Dear Techie Tom:

There have been a lot of stories lately on ground hog social media about accounts being hacked.

How can I create a password that will be hard to be hacked?

Hard to Hack Phil

Dear Hard to Hack Phil,

Talking to Kids About the Violence at the U.S. Capitol - http://go.gstric.org/406-capitol

Help Kids Spot Fake News and Decode Media Messages

What a great question! Try to avoid using any easy to guess information such as a pets name, your birthday, your kids names, your address or your phone number.

You may want to try using a passcode phrase to make a unique password that doesn't have any easy to access information in it.

For example: My2Ocatslike*s. Or use the first letters from your phrase for example you could use the phrase: "My socks are red and blue today!" to create the password Msarab2day!

Another tip is to have different passwords for different type of accounts. One password might be for your school accounts, a different one for any free accounts you may create, and another unique password for any banking or high-level security accounts.

Stay safe out there! Techie Tom

You can use the site at <u>http://go.gstric.org/406-test-password</u> to check and see how long it would take a hacker to get your password.



This Newsletter prepared for RIC ONE Data Privacy and Security

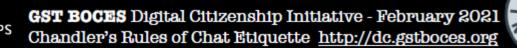
 DPS
 Ground Hog Day Bonus
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The Golden Rules of Chat Etiquette

Chats can be good educational tools but they also have some rules of behavior that you should abide by to be a good digital citizen.

The golden rules of chat include:

- Being respectful with the rest of classmates, teacher and all participants
- Respecting the opinions and interventions of others even if they are different than yours
- Following the rules set by the teacher for the activity that will be carried out in chat
- Using an appropriate font, with a readable size
- Not writing everything in capital letters since this is interpreted as shouting
- Checking your own grammar and spelling, as it can make reading difficult for other people
- Asking questions clearly and concisely so that they are perfectly understood by all
- Reading the contributions made previously so as not to repeat issues
- Sticking to defined themes, avoiding personal or irrelevant issues
- Using Emojis to avoid misinterpretation of text and communicate emotions is OK, but they should not be overused or abused



Six More Weeks of Winter?



Information about Emergency School Closings and Delays

Schools are closed when the weather makes it impossible to have reasonable attendance or when the schools or vehicles would not be able to operate safely. The school day is delayed when inclement weather conditions improve by early morning. Inclement weather may include snow, ice and freezing temperatures. If the school day is delayed, buses will run and schools will open two hours later than the usual time.

If it is necessary to close or delay schools, the information will be posted on the district's website at www.horseheadsdistrict.com, the district's Facebook pages, Twitter and the local television and radio stations. Horseheads schools now uses SchoolMessenger to alert you of school closings or emergencies. Opt-In from your mobile phone: Just send "Y" or "YES" to 67587.

Please be aware that the superintendent may call a remote-learning day, rather than a snow day.

Looking for part-time work? Or working part-time and need full-time hours? Join the Horseheads Central School District as a School Bus Driver



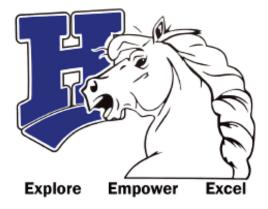
- Paid training
- Benefits package including health insurance
- No weekends, holidays, or summers

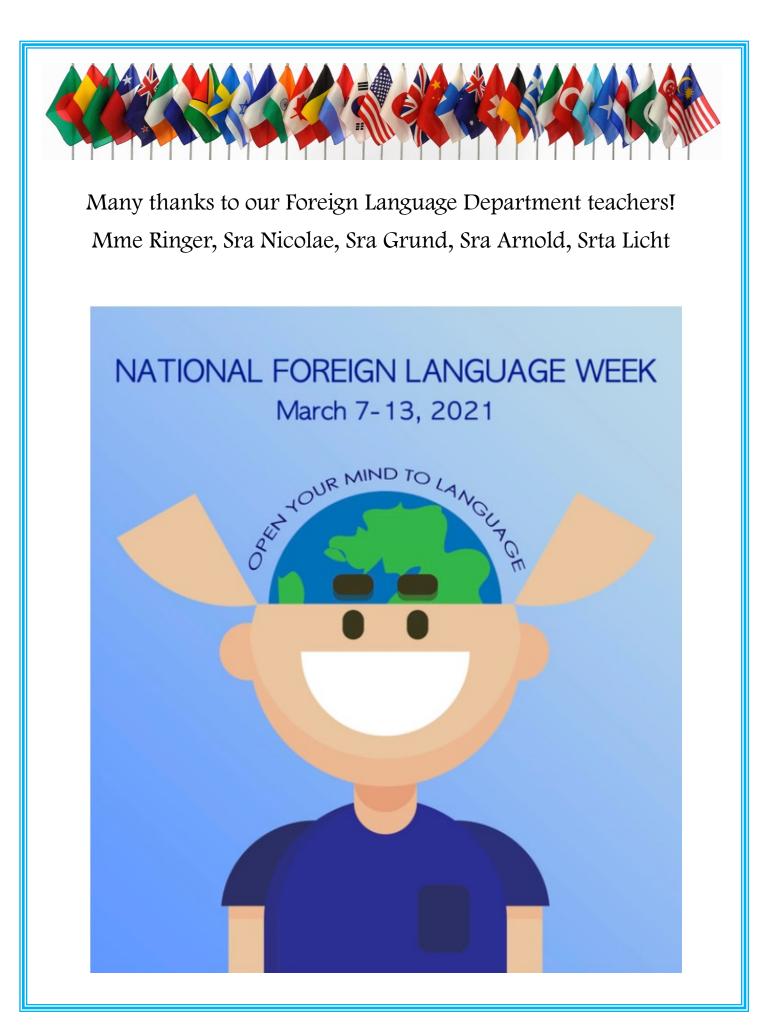
To apply, submit a completed employment application to our Human Resources Office, south wing of Horseheads High School, during school hours. Our application may be found at www.horseheadsdistrict.com, or you may pick one up in our Human Resources Office.

Applicants must be 21 years old. Fingerprint/background check and drug testing are required.

Questions?

Call the Transportation Department at (607) 739-5601, x4501, or email us at hcsdinfo@horseheadsdistrict.com.





Picture Me...Remotely!

Ms. Kamas, Library Clerk



I like to take pictures throughout the year of what is going on at the Middle School, so we can have an awesome end of the year slideshow in June. Believe it or not, remote learning is very challenging for teachers and staff!

I have pics of what school looks like from staff's and teachers' points of view, but I really don't know what remote learning looks like from the STUDENTS' point of view. I am looking for pictures of what remote learning looks like for YOU, if you are willing to submit pictures to me. What does your workspace look like? Do your pets join you while you're 'in school?' What do you get to have for lunch? What do you like to do for physical activity/gym class? What are you doing to have FUN? I really miss seeing your smiling faces!!!

I would love to see your pictures! You can email them to me at <u>kkamas@horseheadsdistrict.com</u>, and then you may see them in the end of the year slideshow.



Community Dog Food Pantry

Rainbow of Hope Animal Rescue is offering a no judgement, Community Dog Food Pantry with a variety of dog food, from grocery store brands to select name brand foods.

This food is available to those in need at NO cost. Available for pickup only, no delivery.

Please call Lynnette at (607) 331-8113 for more information.



Notes from the Nurse

Handwashing at Home, at Play, and Out and About



Cer Nat Zoc

Centers for Disease Control and Prevention National Center for Emerging an Zoonotic Infectious Diseases Germs are everywhere! They can get onto your hands and items you touch throughout the day. Washing hands at key times with soap and water is one of the most important steps you can take to get rid of germs and avoid spreading germs to those around you.

How can washing your hands keep you healthy?

Germs can get into the body through our eyes, nose, and mouth and make us sick. Handwashing with soap removes germs from hands and helps prevent sickness. Studies have shown that handwashing can prevent 1 in 3 diarrhea-related sicknesses and 1 in 5 respiratory infections, such as a cold or the flu.



Handwashing helps prevent infections for these reasons:



People often touch their eyes, nose, and mouth without realizing it, introducing germs into their bodies.



Germs from unwashed hands may get into foods and drinks when people prepare or consume them. Germs can grow in some types of foods or drinks and make people sick.



Germs from unwashed hands can be transferred to other objects, such as door knobs, tables, or toys, and then transferred to another person's hands.

What is the right way to wash your hands?

- Wet your hands with clean running water (warm or cold) and apply soap.
- 2. Lather your hands by rubbing them together with the soap.
- Scrub all surfaces of your hands, including the palms, backs, fingers, between your fingers, and under your nails. Keep scrubbing for at least 20 seconds. Need a timer? Hum the "Happy Birthday" song twice.
- 4. Rinse your hands under clean, running water.
- Dry your hands using a clean towel or air dry them.

CS 280522A

District Dignity Act Coordinator

The Dignity Act Coordinator (DAC) for the Horseheads Central School District is Caitlin DeFilippo, director of Human Resources. If there is a complaint regarding discrimination, harassment or bullying of any student, the complaint should be filed with Caitlin DeFilippo, at One Raider Lane, Horseheads, NY 14845; 607-739-5601 x 4211 or at cdefilippo@horseheadsdistrict.com.

Middle School Dignity Act Coordinator

The Dignity Act Coordinator (DAC) for the Horseheads Middle School is Ron Holloway, building principal. If there is a complaint regarding discrimination, harassment or bullying of any student, the complaint should be filed with Mr. Holloway at 950 Sing Sing Rd., Horseheads, NY 14845; 739-6357 x 3640 or at <u>rholloway@horseheadsdistrict.com</u>.

Notice

The Horseheads Central School District offers educational programs without regard to race, color, national origin, creed, religion, marital status, military status, sex, sexual orientation, age, gender identity, predisposing genetic characteristic, or disability, and provides equal access to applicable groups under the Boy Scouts of America Equal Access Act. Inquiries regarding this policy may be made to Caitlin DeFilippo, Title IX/DASA Coordinator, and Co-Civil Rights Compliance Officer; Anthony Gill, Co-Civil Rights Compliance Officer; or Kelly Squires, Section 504 Coordinator, Horseheads Central School District, One Raider Lane, Horseheads, NY 14845, (607) 739-5601.

This policy of non-discrimination includes access by students to educational programs, counseling services, course offerings, and activities, as well as recruitment and appointment of employees and employment pay, benefits, advancement and/or termination.

Horseheads Middle School:



Home of the Raider Way