## HORSEHEADS HIGH SCHOOL REQUEST TO HAVE NO SCHEDULED LUNCH PERIOD

As a general rule, we do not recommend that a student go without a scheduled lunch period. Proper nutrition is important to academic success, as is having a "down time" for the student to relax. So this request must be given careful consideration.

1)	Name	Date
	I request to have no lunch period scheduled semester / both semesters during the (Circle one)	
	for the following reason(s):	
	(Student's Signature)	(Date)
	<b>T</b>	

2) I have discussed this request with my student and support the request.

(Parent/Guardian Signature)

(Date)

Revised 4/08 med