## Horseheads Varsity "H" Little Raider Basketball Camp

Boys and Girls Grades K-3

July 1-3 • 8:30-11:00 Middle School Fieldhouse

\*\*Registration is online

Camp Location: Middle School Fieldhouse

\*\*Drop-off and Pick-up Parking in the Back Fieldhouse Parking Lot

Equipment Required: A water bottle, preferably labeled with child's name

Shorts, sneakers, t-shirt

**Registration Fee:** \$85.00 (This includes a camp T-shirt)

Make checks payable to: Horseheads Varsity "H" \*\*Bring on the first day of camp.

Camp Director: Andrew Scott, Head Varsity Girls Basketball Coach

**Assistants:** Jerry Laney, Head JV Girls Basketball Coach

Horseheads Varsity Girls Basketball Players

## **Camp Philosophy**

This is an introductory camp which focuses on the basic fundamentals of basketball. If your child, boy or girl is going into K-3rd grades, this is the camp for you! We will be working on becoming better at dribbling, passing, shooting, rebounding, and playing defense. Each player will be instructed by coaches and Varsity players in helping develop the basics of basketball. Every day we will work on skills, have daily competitions, and play games. Our hope with the "Little Raiders" basketball program is that each camper, boy or girl, have a better understanding of the game, while also having fun playing it!

## **Camp Schedule**

8:30-8:40 Daily Attendance/Introduce Daily Activities
8:40-8:50 Dribble Series
8:50-9:00 Stretch
9:00-9:10 Mini Competitions
9:10-10:00 Stations (Focus on one skill per day)
10:00-10:30 Team Competition
10:30-11:00 Mini-Games (3-on-3 format)