

Horseheads Varsity "H" Cheerleading Camp

Grades K-2 8:30-10:00
Grades 3-6 10:30-12:30
Grades 7-12 1:00-3:00

July 8-11
MIDDLE SCHOOL FIELDHOUSE

****Registration is online**

Camp Location: MIDDLE SCHOOL FIELDHOUSE

Equipment Required: A water bottle, preferably labeled with child's name
Shorts, t-shirt, sneakers, hair-up, leave jewelry at home

Registration Fee: \$85.00 (This includes a camp T-shirt)

Make checks payable to: Horseheads Varsity "H" ****Bring on the first day of camp.**

Camp Director: Kayla Kuhns, Head Varsity Cheerleading Coach

Assistants: Past HHS Cheerleaders

Camp Philosophy:

The goal of Varsity H Cheerleading camp is to provide the basic skill level all the way to the advanced in introduction as well as a base for our JV and Varsity cheerleader. We will provide a fun-filled week of cheer skills and activities.

Camp Format:

Warm-up/ stretch (cheerobics)

Team Bonding

Cheers/ chants/ Tumbling

Tumbling/ Cheer Routine/ Stunting

